

# Center for Siouland

## Food Pantry Contribution Wish List

### Food Items

- Canned Meats
  - Tuna
  - Chicken
  - Ham
  - Beef
- Tuna Helper
- Chicken Helper
- Canned Fruits & Vegetables
- Fruit Juices
- Pasta & Sauces
  - Spaghetti
  - Macaroni
  - Tomato sauce
  - Alfredo Sauce
- Macaroni & Cheese Mixes
- Boxed Potato Mixes
- Peanut Butter & Jelly
- Boxed Breakfast Cereals
- Oatmeal/Granola Bars
- Muffin Mixes/Cookie Mixes
- Pancake Mixes, Oil, Syrup
- Bisquick
- Sugar/Flour
- Mayonnaise
- Ketchup/Mustard
- Canned Beans
  - Northern
  - Pinto
  - Red Beans
- Canned Chili, Stews & Soups
- Formula: Enfamil with Iron  
(with/without Lactose)

### Personal Items

- Body Soap
- Shampoo
- Toothpaste
- Toilet Tissue
- Laundry Detergent
- Diapers
- Baby Wipes
- Dish Soap
- Paper Towels
  
- Bedding (twin and double size beds)